

MCDONALD PARK SCHOOL SPORTS DAY PROGRAM

Friday, 10 November 2023



Please bring a packed recess and lunch.

The canteen will be open for counter sales, drinks and ice-creams only.

There will be NO lunch orders processed on the day.

COVID RESTRICTIONS

- Please follow SA Health advice and use safe hygiene practices.
- If you are feeling unwell or have symptoms we would appreciate you wearing a mask when in indoor areas (gym / canteen).
- Students must remain with class / age groups.
- Parents to remain in designated viewing area for sprints and relays.



- DON'T FORGET -

RECESS/LUNCH





DRINK BOTTLE

HAT

SUNSCREEN

APPROPRIATE FOOTWEAR

HOUSE CAPTAINS FOR 2023

House	Captains
	Austin M Beau M
	Braith A Milla F
	Ella D Ronnie C
	Connor L Eleanor M

MCDONALD PARK SCHOOL - SPORTS DAY 2023

JUNIOR PRIMARY SCHOOL TIME TABLE

Room	9.00 - 9.10	9.10 - 9.20	9.20 - 9.50	9.50 - 10.10	10.15 - 10.30	10.30 - 10.45	10.45 - 11.00	11.00 - 11.30	11.30 - 11.45	11.45 - 12.00	12.00 - 12.15	12.15 - 12.30	12.30 - 12.45	12.45 - 1.00	1.05 - 1.35	1.35 - 3.00	3.00 - 3.15
	A R R I V A L																
	O P E N I N G																
	S P R I N T S																
	R E L A Y S																
	R F E C E S S																
A1 Mrs Spencer				SBR	WR	R		T	LJ	SP/D	B	HJ	S/H				
A2 Ms Huitema				S/H	SBR	WR		R	T	LJ	SP/D	B	HJ				
A3 Miss Schulz				HJ	S/H	SBR		WR	R	T	LJ	SP/D	B				
A4 Miss Squire				B	HJ	S/H		SBR	WR	R	T	LJ	SP/D				
1 Mrs Fox				SP/D	B	HJ		S/H	SBR	WR	R	T	LJ				
2 Mrs Wilson				LJ	SP/D	B		HJ	S/H	SBR	WR	R	T				
	L U N C H																
	R E T U R N T O C L A S S																
	C L O S I N G																

SBR skateboard relay **WR** water relay **R** rob the nest **SP/D** shot put / discus
T traditional sports day events **LJ** long jump **B** ball relays **S/H** sprints / hurdles **HJ** high jump

MCDONALD PARK SCHOOL - SPORTS DAY 2023

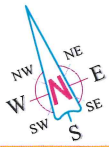
PRIMARY SCHOOL TIME TABLE

	9.00	9.10	9.20	9.50	10.15	10.50	11.25	12.00	12.35	1.05	1.35	2.10	3.00	
8 girls Mrs Harding	ARRIVAL	9.10 - 9.20	9.20 - 9.50	9.50 - 10.10	RELEAS				H	LUNCH				3.00
SPRINTS					HJ	D	D	SP	Students to return to class teachers. Sports day games				3.15	
8 boys Mr Bigg					HJ	R	LJ	D	H		SP			
9 girls Mrs McCracken					SP	HJ	R	LJ	D		H			
9 boys Mrs Dew					SP	HJ	R	LJ	D		H			
10 girls Ms Hutchinson					H	SP	HJ	R	LJ		D			
10 boys Miss Eldridge					H	SP	HJ	R	LJ		D			
11 girls Mrs McLean					D	H	SP	HJ	R		LJ			
11 boys Ms Bundy & Mrs Dempsey					D	H	SP	HJ	R		LJ			
12 girls Mrs Tilley					LJ	D	H	SP	HJ		R			
12 boys Ms Munday					LJ	D	H	SP	HJ		R			

EVENTS

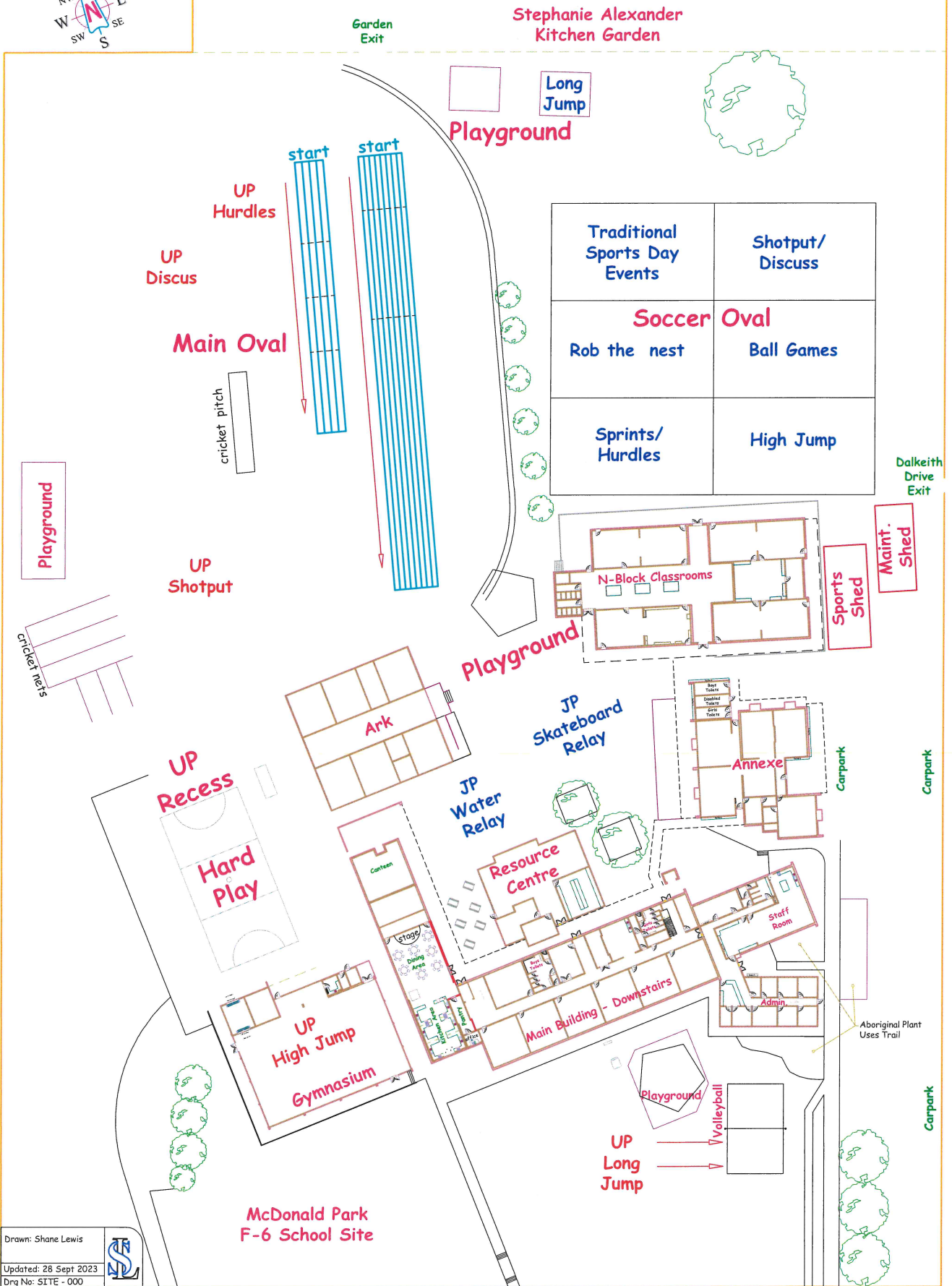
HJ high jump LJ long jump D discus R recess H hurdles SP shot put

SPORTS DAY EVENTS 2023



Upper Primary Events in Red

Lower Primary Events in Blue



Drawn: Shane Lewis
 Updated: 28 Sept 2023
 Brg No: SITE - 000

North Terrace