WHAT CAN PARENTS DO TO HELP KIDS THRIVE IN THE 21ST CENTURY?

As a parent, you play a critical role in preparing your children to live, work and lead in a rapidly changing world, it is critical for students to graduate with the right skills for the world they will enter and an understanding of what it takes to be a productive citizen in the 21st century – civically literate, globally competent and digitally literate.

Even at the youngest ages, children benefit from family engaged in their education. By reinforcing the importance of 21st century skills through age appropriate activities at home and at school, you can help your child learn how to participate in your community and the world in productive ways.

Make 21st Century Citizenship a Topic of Discussion at Home

Talk about current events and news. Discuss local, national and international current issues and events with your child. Watch the news together, read a newspaper or browse online for relevant articles to start the conversation with your child. (Generation Nation: www.p21.org/tips/news).

Have fun in your community. Help your child expand their awareness in the world by learning and talking about and experiencing other traditions, cultures and languages represented in your community in addition to your own. (Stacie Nevadomski-Berdan: www.p21.org/tips/communications).

Make decisions about responsible digital practices together. Talk with your child about how to judge the accuracy and bias of online news and the ways to behave safely and responsibly in the immense digital world. (Common Sense Media: www.p21.org/tips/online).

Get Hands-On with At-Home and Local Activities

Explore the world through maps. Helping your child explore physical and online maps and globes at home or at your local library. Point out the countries or cities that you have been talking about or your child has been learning about in school. (Generation Nation: www.p21.org/tips/explore).

Immerse your family in world cultures. Read books, try new food, watch movies and listen to music together that highlight your own culture as well as other diverse and global perspectives. (Stacie Nevadomski-Berdan: www.p21.org/tips/culture).

Think globally and act locally. Work with your child to consider what you can do as a family or individually to make an impact in your community or on national and global issues through internships or volunteer positions. Take part in service-learning opportunities that provide meaningful civic and community service. (TeachUNICEF: www.p21.org/tips/global).

Set expectations. Set and communicate clear, specific and appropriate expectations around your child’s use of online media and mobile devices. (Connect Safely: www.p21.org/tips/expectations).

Use your knowledge. Encourage your teens to share their knowledge as volunteers by mentoring younger students or teaching adults about technology. (Edutopia: www.p21.org/tips/mentoring).

Support 21st Century Education at Your Child’s School


Make connections to after school activities. Help your child to make connections to and prioritize 21st century skills and citizenship when choosing their extra-curricular and out of school activities. Focus on these activities’ ability to reinforce problem solving, communication, collaboration and creativity skills. (EdLeader21: www.p21.org/tips/afterschool).
WHAT CAN PARENTS DO TO HELP KIDS THRIVE IN THE 21ST CENTURY?

Support 21st Century Education at Your Child’s School cont.
Make learning other languages a priority. Support and prioritize world language programs at your child’s school. Discuss ways your child can take advantage of the foreign language classes from a young age. (Edutopia: www.p21.org/tips/languages).

Create consistent digital policies. Pay attention to the technological and online resources available at your child’s school and reinforce the policies created around mobile devices and social networks at home. (Common Sense Media: www.p21.org/tips/online2).

Stay connected. Ask your child’s teachers about upcoming projects so that you can help your child practice effective use and analysis of online resources. (Connect Safely: www.p21.org/tips/connected).

Sandy Davey, Kirsty Trahar, Sharon Day, Michele Waters
SENIOR STAFF

YEAR 6/7 CAPE BRIDGEWATER CAMP

This year’s 6/7 camp to Cape Bridgewater was fun and full of adventure. We did various activities that many people wouldn’t be able to do in Mount Gambier. Some of these include surfing, abseiling, archery, sand boarding. As a whole, all of us had an amazing experience full of risks and memories. Alyssa, N5

On Monday, 11th April, classes N5, N6 and N2 departed from the school grounds for a three day camp in Cape Bridgewater. The bus ride was short, albeit quite rigorous. The activities varied, and were very entertaining and the meals were exquisite for camp food. Everything about the event was enlightening and easy to enjoy. Furthermore, the camp was brilliant and I liked it very much. Zara, N6

From the 13th to the 15th of April, N3 and N4 stayed at Cape Bridgewater for camp. We stayed at the Cape Bridgewater Coastal Camp. We got the opportunity to do things that many of us had never done such as abseiling, surfing, geocaching, archery, sand boarding and raft building. Surfing was my favorite activity. On the last night Mr Magarey made a campfire for us. He told us stories and asked us what we liked the best about the day. Cape Bridgewater was a good experience and I hope to go there again. Mitchell, N4

On the 13th of April, N3 and N4 went to Cape Bridgewater. We did many fun and exciting activities, such as abseiling, sand boarding and more! On Thursday night we ate marshmallows around the bonfire. Overall everyone had a great time. Hayley, N3

Congratulations staff and students for a job well done! The bus driver commended our students as the best he had encountered for 40 years!!
ANZAC Day Service
Vansittart Memorial Park
On the 25th April, we attended an ANZAC Day March/Service at Vansittart Park to represent McDonald Park School. The ceremony started at 10.30am. We listened to stories of heroes that bravely fought in the war. These were told by some veterans. The Ode of Remembrance was read, followed by The Last Post. We bowed our heads as we stood for the minute of silence, remembering those who fought for our county. As the bagpipes played, the community, one by one, laid a wreath to show respect. After the wreath laying, the national anthems of Australia, England and New Zealand were played and sung by the Coral Society. It was a great experience for everyone.

McDonald Park School ANZAC Assembly
On the 3rd of May, our school had our own ANZAC ceremony. This year as it was raining, our wreaths weren’t laid around the Lone Pine. The ceremony was held in the gym. We had members from the local RSL come in and talk about ANZAC Day. The Ode was read by Yashen and then the Last Post played by a bugler from the Salvation Army. Afterwards, we personally met the veterans and talked to them about what they did. It was great meeting them and they were really nice people.
Edward N and Darcy W

WREATH MAKING
On Sunday, 24th April, we made wreaths for the 10.30am ANZAC Day service on behalf of the Student Leadership Team, to lay a wreath to show and pay our respects to the soldiers, who fought for our nation to be peaceful today. Mrs Trahar picked flowers from her garden and provided them for the making of the wreaths. We used rosemary, brightly coloured flowers and bits of green plantings to decorate the wreaths for the event. We both enjoyed this experience and had fun creatively decorating wreaths for the special occasion.
Rachael K & Gemma B

GRIP Leadership Conference
On the last Tuesday of term one, representatives from our school, including students from SRC, Student Leadership Team and Respect Ambassadors, went to the GRIP Leadership Conference. We learnt lots of different aspects of being a leader. The first section of the conference was an introduction to how to grow as a leader. They talked about a tree and different stages that people go through when becoming a leader. The second section of the conference was ‘bye, bye bullying’. This is where we learnt how to help someone who is being bullied in every situation. The third section of the GRIP Leadership Conference was about traffic light leadership. This is where they talked about what to go, slow down and stop at our school. The last section of the conference was question and answers with the GRIP Leadership Team. In every section, we had to write down what we had learned so far. We learned lots from the GRIP Leadership Conference and this has helped us become better leaders in our school.
Gemma B & Caitlin C

Auskick
This Thursday, 12th May, will be our first session of Auskick. We will meet behind the Ark on the oval ready to start at 3.20pm, finishing at 4.20pm. Please be reminded a parent / caregiver must be there for the duration of the session. Children may like to wear their footy colours and boots for these sessions. If the weather is not on our side we will move the session inside the gym and modify the activities. A notification will be made via Facebook to let parents know and feel free to join in the sessions with your child / children. Only registered reception to year two children will be able to participate in the sessions.
Melissa McCracken, Kirsty Michalski and Briony Schleuniger

Congratulations
Congratulations Elijah S on being selected for the under 12 SAPSASA swim team to represent South Australia in Darwin at the national championships in September!

Canteen Helpers
Phone Michelle 87254221

<table>
<thead>
<tr>
<th>Week Beginning</th>
<th>Mon 16th May</th>
<th>Mon 23rd May</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>Jo</td>
<td>Jo</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Tamara</td>
<td>Tamara</td>
</tr>
<tr>
<td>Wednesday</td>
<td>Laura</td>
<td>Amy</td>
</tr>
<tr>
<td>Thursday</td>
<td>Deb, Belinda</td>
<td>Deb, Belinda</td>
</tr>
<tr>
<td>Friday</td>
<td>Deb, Bec</td>
<td>Deb, Jo</td>
</tr>
</tbody>
</table>
KITCHEN GARDEN

Students didn’t wait until garden classes started in week two to start working in the kitchen garden. Zac is preparing for this term’s first garden market last week. Don’t forget to bring your wallets on Thursdays.

Selina, Jordana, Belle and Jackson are creating a monster to make the Food Forage Forest a more fantastic place to be.

Two friends have been busy digging and constructing in the Far East.

On Fridays, reception to year two students have the chance to play in the garden at lunchtimes. Popular activities are exploring the Far East, looking for tadpoles, picking flowers, eating raspberries and meeting the chickens.

Drakes for Sale

I am still looking for homes for two young Indian Runner drakes. If interested, leave a message at the front office or phone Sam in the evenings, 8723 1601.

Sam Baker
GARDEN SPECIALIST

COMMUNITY NEWS

BASKETBALL MOUNT GAMBIER INC

We invite you and your children to participate in basketball, the game for everyone to enjoy at the Icehouse.

Basketball Mount Gambier provides a range of opportunities for your children to develop their ball and sporting skills, from a non-threatening environment up to full game situations.

Basketball assists children in a range of other sports due to the following skill sets experience and developed, ball skills, individual and team skills.

Basketball Mount Gambier offers:

Junior Training Program on Friday nights for beginners, 5 to 8 year olds.

One weekly session of one hour, 5.30pm to 6.30pm, teaching individual ball skills and playing modified games on low rings, is conducted by experienced coaches.

This program runs during school terms. Children may join the program at any time. Cost is $5.00 registration fee and $4.00 per session.

CELEBRATING SUCCESS
AWARDS - WEEK 9

<table>
<thead>
<tr>
<th>Presented to</th>
<th>By</th>
<th>For</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ella O</td>
<td>Mrs Cooper</td>
<td>always being on task and challenging herself with extra problem solving tasks.</td>
</tr>
<tr>
<td>Madden M</td>
<td>Mrs Cooper</td>
<td>being a kind and considerate class member who generally gives up his time to help others.</td>
</tr>
<tr>
<td>Brenton C</td>
<td>Mrs Bisnov &amp; Mrs Schleuniger</td>
<td>enthusiasm and effort in written language.</td>
</tr>
<tr>
<td>Vaughn S</td>
<td>Mrs Bisnov &amp; Mrs Schleuniger</td>
<td>working independently and developing a range of problem solving strategies in mathematics.</td>
</tr>
<tr>
<td>Eliza B</td>
<td>Mrs Pudney</td>
<td>always striving to do her best and then looking around to help others, especially in math.</td>
</tr>
<tr>
<td>Noah M</td>
<td>Mrs Pudney</td>
<td>sharing his expertise with others during math. You do a great job of being a ‘math coach’.</td>
</tr>
<tr>
<td>Zoe M</td>
<td>Ms McAuley &amp; Ms Bundy</td>
<td>her great efforts when writing an exposition and trying to improve her work.</td>
</tr>
<tr>
<td>Abigail C</td>
<td>Ms McAuley &amp; Ms Bundy</td>
<td>working hard to extend her writing and being a respectful and helpful class member.</td>
</tr>
<tr>
<td>Lachlan C</td>
<td>Miss Michalski</td>
<td>consistently showing respect for her learning by always having a go, doing his best and persisting when things get challenging.</td>
</tr>
<tr>
<td>Jazz C</td>
<td>Miss Michalski</td>
<td>being an exemplary member of the class and consistently showing respect for her learning by always being on task and doing her best.</td>
</tr>
<tr>
<td>Ben Y</td>
<td>Mr Couchman</td>
<td>consistent thoughtfulness leading to a deeper understanding of the topics covered this term.</td>
</tr>
<tr>
<td>Madison C</td>
<td>Mr Couchman</td>
<td>consistently going above and beyond expectations to improve her work and understanding across all subject areas.</td>
</tr>
<tr>
<td>Mitchell L</td>
<td>Mrs Aston</td>
<td>going above and beyond his duties on Family Fun Day.</td>
</tr>
<tr>
<td>Gemma B</td>
<td>Mrs Aston</td>
<td>displaying GRIT and determination in her learning.</td>
</tr>
<tr>
<td>Kobi B</td>
<td>Mrs McLean</td>
<td>displaying a consistent and focussed work ethic and for being prepared to try new things.</td>
</tr>
<tr>
<td>Jemma P</td>
<td>Mrs McLean</td>
<td>displaying a consistent positive approach to her learning and for well organised book work.</td>
</tr>
<tr>
<td>Jay L</td>
<td>Ms Munday &amp; Mrs Tilley</td>
<td>consistently being friendly, enthusiastic and generous.</td>
</tr>
<tr>
<td>Alyssa S</td>
<td>Ms Munday &amp; Mrs Tilley</td>
<td>being eager to learn and share her interests with others.</td>
</tr>
<tr>
<td>Yashen S</td>
<td>Mrs Widdison &amp; Mrs Tilley</td>
<td>a consistently high level of effort in all learning areas.</td>
</tr>
<tr>
<td>Charlotte H</td>
<td>Mrs Widdison &amp; Mrs Tilley</td>
<td>a great effort in all learning areas and responsibility for homework.</td>
</tr>
</tbody>
</table>
COMMUNITY NEWS

BLUE LAKE CROSS FIT
Term 2 timetable

CROSSFIT KIDS
This class is based around having fun and learning new skills. CrossFit Juniors is for younger children's and children new to CrossFit. CrossFit seniors is for older and/or more experienced children.

Cost $80 per term (10 sessions payable at beginning of each term).

CROSSFIT KIDS
CrossFit Juniors
6 to 9 years, Mondays 3.45pm (45mins)
CrossFit Seniors
7 to 11 years, Mondays 4.30pm (45mins)

CROSSFIT TEENS
The teen's classes are very similar to the adult's class in structure with the focus on learning good yet basic movement patterns. CrossFit Juniors is for younger teens and teens new to CrossFit. CrossFit Seniors is for older and/or more experienced teens.

Cost $100 per term (10 sessions - payable at beginning of each term).

CrossFit Junior Teens
10 to 14 years, Tuesdays 4.15pm
CrossFit Senior Teens
12 to 16 years, Tuesdays 4.15pm

Contact details for bookings or enquiries phone 0427 345 917, email adamandeve@bluelakecrossfit.com.au or www.bluelakecrossfit.com.au/crossfit-kids

COMMUNITY NEWS

MAKE A DIFFERENCE
with
MENTAL HEALTH PROBLEMS

4 one hour sessions at The Junction

Session 1 - Tuesday 7th June 10:30am
What is a mental health problem?

Session 2 - Tuesday 14th June 10:30am
What is depression?
What is anxiety?

Session 3 - Tuesday 21st June 10:30am
What is Psychosis?

Session 4 – Tuesday 5th July 10:30am
Substance Use & Abuse

Costs: $2 per session
Venue: 19 Ferrers Street, Mt. Gambier
Tutor: Joan Oxlfield

The Junction

ALOPOLES SOCCER CLUB – MINI ROOS

Mini Roos is fantastic introduction to soccer, learning the basic skills/basics and having the chance to get out there and have a go. Against this season it’s all about building fun and including new friends while being active and learning to be a part of a team.

Almeed at Children between the age of 5-10 (Must have turned 10 before the 1st of January)

Alopoles Soccer Club – Webster St. Mount Gambier
Under 10 Girls
The Season runs from the 14th May
Up to 21st August
Fees: $50 for the Season (Sports vouchers can be used)

Contact Kyle Howard - 0407753001

LEGOFANCLUB

Starting Term 2 - Wednesday 4th May 2016
Wednesdays weekly 4pm - 5pm
Suitable for ages 5 - 12 years
Bookings essential

City of Mount Gambier

Please contact the Mount Gambier Library for further information 1 Telephone (03) 5122 5262 | 1 padministration@mountgambier.sa.gov.au

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Mount Gambier Centre for Children.